

## The One Environment We Control

We have little direct control over the global environment, which in recent years has been used as a dumping ground for pollutants, even as it has become clear that Earth's ecosystem is finite, limited, and endangered.



As Dr. Michael Berry states: "As individuals, we may feel powerless to control or influence the environmental management process at the global, regional or even local levels ... [but] we have enormous opportunities to control our [indoor] environments."

The Indoor Health Council focuses on this center: the indoor space through the lens of cleaning by preventing or removing contaminants.

Take time to read the posts and consider ways you can protect your health and that of others by better cleaning.

(Based on the Front Matter of *Protecting the Built Environment – Cleaning for Health*, by Dr. Michael Berry, published in 1994.)

<https://indoorhealthcouncil.org/2022/06/24/the-one-environment-we-control/>

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